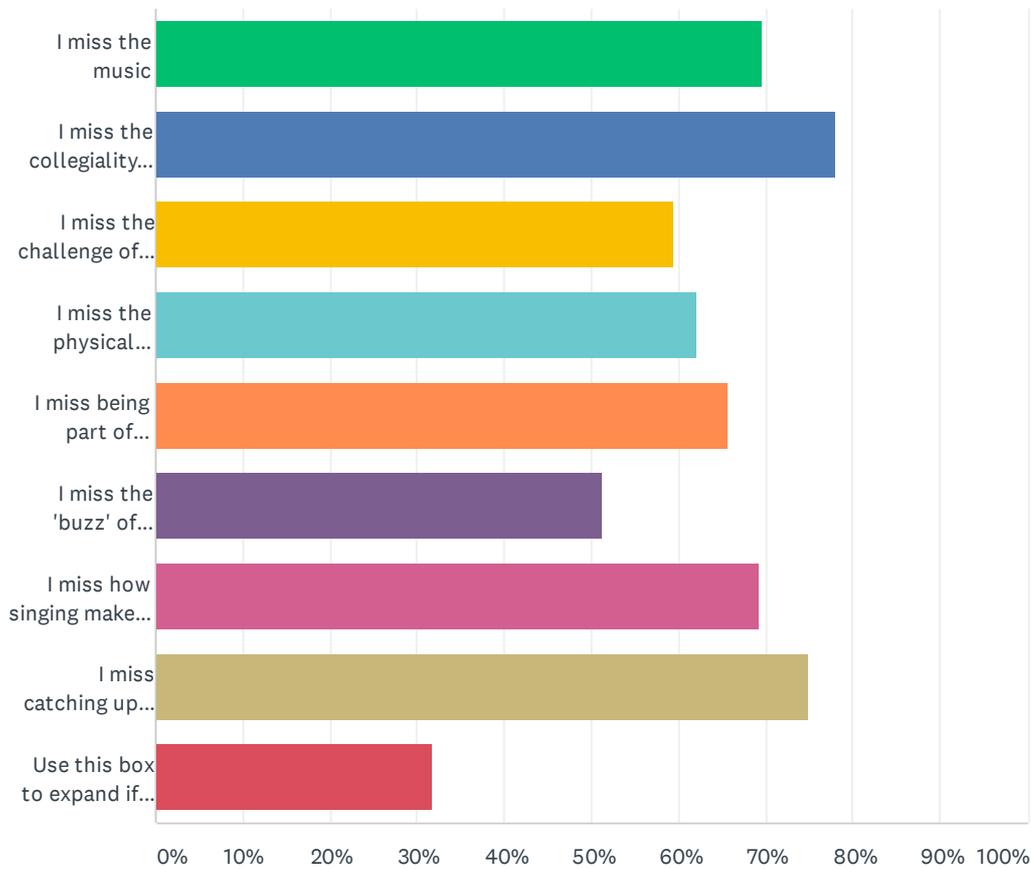


Q1 Now that you've have time to reflect on what life is like without choir, what do you miss?

Answered: 195 Skipped: 0



ANSWER CHOICES	RESPONSES	
I miss the music	69.74%	136
I miss the collegiality of making music in a choir	77.95%	152
I miss the challenge of learning new music	59.49%	116
I miss the physical feeling of singing	62.05%	121
I miss being part of something bigger than myself	65.64%	128
I miss the 'buzz' of performing for others	51.28%	100
I miss how singing makes me feel personally	69.23%	135
I miss catching up with my fellow choristers	74.87%	146
Use this box to expand if you wish	31.79%	62
Total Respondents: 195		

Adelaide Choral Network 'What do we miss about choir' Survey

#	USE THIS BOX TO EXPAND IF YOU WISH	DATE
1	I miss the endorphins gained from singing in a group, our teamwork and especially the harmony and uplifting expressive and sorrowful words of songs we sing that help me express my feelings and keep me well and connected with community. I miss encouraging smiles and laughter or sitting alongside others who are likeminded and our social chat at break times. I miss the happiness i feel and energy boost when at choir.that. lasts long afterwards. I miss the chance to sing and keep physically fit and well with breathing exercises, movements and singing to keep my asthmatic lungs healthy and well conditioned.	7/14/2020 3:18 PM
2	Everyone should be singing, choirs should not have shut down. Corona or no corona ... That's been just silly fear mongering.	7/5/2020 12:58 PM
3	I miss all the above	7/2/2020 11:43 AM
4	Music	7/1/2020 11:02 PM
5	Our choir is practising individually from home. We all have access to music files on the choir dropbox.	7/1/2020 3:39 PM
6	Singing in a choir relaxes me. It's my social life and a technical challenge akin to mindfulness, and when I don't have this in my life (both pre and post-COVID experiences) my stress levels and my depression get measurably worse over the weeks. I forget just how much I need it until it's gone, to the point where I have trouble listening or watching choir music now - missing it just hurts too much.	7/1/2020 10:33 AM
7	I miss the intellectual challenge and the complete focus, being 'in the zone' and leaving all your cares behind.	7/1/2020 10:32 AM
8	Socializing and the joy of singing is so important to me.	6/30/2020 8:07 AM
9	Choir is a special place where I get to leave everything else at the door, have a laugh and a chat with like minded people and centre myself once a week, it's my meditation. I am grateful we had the opportunity to explore an online choir but it is nothing like the atmosphere of being in a room with people, harmonies bouncing off every surface and feeling like you are surrounded by the music. Personally my mental health took a huge hit not having that outlet and I sincerely hope I never have to go without it again.	6/30/2020 7:48 AM
10	I did still sing and learn songs on my own but it isn't the same as doing it together with others and hearing all the harmony voices, and having a laugh and feeling uplifted.	6/29/2020 11:55 PM
11	Singing with others makes me feel so alive, happy, a little part of a beautiful sound. Always come away feeling happier. Singing alone can bring out sadness in me, not always (like singing in the car!).	6/28/2020 11:26 AM
12	My chorus hasn't really lost contact with each other. We connected through Zoom and sang with each other, although we couldn't hear each other, we definitely connected. There is always music!	6/28/2020 11:08 AM
13	I probably could tick all of the above.	6/27/2020 10:48 AM
14	I miss the electric feeling when all parts hit the harmony well and you can feel it resonating through the room	6/27/2020 8:25 AM
15	I miss the rhythm and routine of rehearsals and practice. I miss observing how different my fellow choristers are from each other and from me YET TOGETHER WE MAKE A SINGLE SONG! Choir's a metaphor for living, a reminder of how to get along and why.	6/27/2020 8:17 AM
16	Choir became essential to maintaining my mental health as I struggled with multiple, full-on family caring responsibilities and then a broken marriage. I just yearn for the sense of wellbeing and comfort that my choir gives me and will jump through just about any hoops in order to help it start up again.	6/26/2020 10:08 PM
17	Although Zoom keeps us connected, it is no replacement for"live" singing. We have been learning a new song while in "iso", and have just started rehearsing in small groups of 5 or 6 singers in someone's home.	6/26/2020 8:32 PM
18	I miss the experience of singing in harmony with other voices and intruments, and being enveloped in sounds I cannot produce alone.	6/26/2020 12:52 PM
19	I miss having a scheduled time each week to see people who are as passionate about music as I am.	6/26/2020 12:37 PM
20	I miss the awe that I experience when my voice becomes part of something magic and beautiful.	6/26/2020 7:40 AM

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21	Miss the grander sound of a large group of people making music.	6/25/2020 11:05 PM
22	There is something about singing beautiful music together and hearing all the harmonies. It is nothing short of enriching.	6/25/2020 8:03 PM
23	I miss the laughter and the camaraderie	6/25/2020 3:26 PM
24	I can sing on my own at home, and I can take part in artificial 'virtual choir' projects, but the whole POINT of singing, for me, is singing with other people. Ensemble music making must be done live.	6/24/2020 11:07 AM
25	We have returned to small group singing with risk plan in place, and wearing face shields. Challenging but fantastic.	6/23/2020 10:07 PM
26	I miss the satisfaction and reward of working with others to create something beautiful.	6/23/2020 9:41 PM
27	I miss getting to know the music from the inside - I love those moments of insight that arrive out of the blue when you already think you know a piece thoroughly, and you suddenly realise how your part is informed by another, or why the composer has chosen to do things a certain way.	6/23/2020 6:39 PM
28	My choir has continued to meet via Zoom, which has delivered many of the social benefits of choir and allowed us to stay connected... but of course it doesn't provide a chance to sing together in real time. It's been interesting to see what can be replicated online (lots- we've muted our mics and followed online warm-up tutorials at the same time, performed for each other, tried karaoke using youtube tracks, recorded ourselves singing, had a listening party and had lots of chats about what we've been cooking) and what can't (the 'bigger than the sum of its parts' feeling of singing together in harmony). I guess we're all missing the endorphin rush, too.	6/23/2020 2:23 PM
29	I miss everything about being in a choir, the fellowship, what the music does for the soul. All of the above.	6/23/2020 1:52 PM
30	Singing in a choir is so beneficial for my mental health.	6/23/2020 1:47 PM
31	joy of being part of the music oxytosin	6/23/2020 1:21 PM
32	Multiply my ticks by 10,000x's	6/23/2020 10:38 AM
33	My singing friends make me feel great, secure and loved - we share a 'special family' bond. Zoom has kept us 'alone - together' but is nowhere near the same. So looking forwards to 'personal' singing again in the future xxxxx	6/23/2020 9:49 AM
34	Singing has always been part of my life. It makes me a better person - feeds the soul, oxygenates the blood, gives me a feeling of working towards something as an individual and part of a greater whole, camaraderie and friendship. These are important at any time but particularly so at this demoralising Covid19 Jobkeeper time.	6/22/2020 11:51 PM
35	I miss the sense of community	6/22/2020 11:41 PM
36	Much to my surprise I'm enjoying the break more than I'm missing anything, although i know that will pass.	6/22/2020 11:16 PM
37	I can sing on my own, and still do, but miss dreadfully the joy of singing in harmony with a group, especially a group of people I know, love and respect	6/22/2020 8:29 PM
38	J	6/22/2020 6:57 PM
39	I miss the Harmony in every sense of the word.	6/22/2020 2:28 PM
40	I miss all of the above plus: Being part of a fun and upbeat community, where no one is judged by their background, but simply appreciated for their love of making music together and the joy for music we share!	6/22/2020 2:23 PM
41	There is something singularly unique and wonderful in coming together with others to make music which virtual choirs don't even come close to replicating.	6/22/2020 2:20 PM
42	I miss making harmonies with other people	6/22/2020 1:34 PM
43	I've tried multiple virtual choirs... I'm constantly listening to music (not a new pastime!!)... but the experience of singing together, in person, is irreplaceable. Nothing comes close. And while yes, I miss performing, it's ultimately the singing together bit that I miss most. It's like part of me is missing.	6/22/2020 1:26 PM
44	We are keen to return but many members are older and concerned so we are holding off for now.	6/22/2020 1:25 PM

Adelaide Choral Network 'What do we miss about choir' Survey

45	Not being at choir is like not having a family	6/22/2020 1:22 PM
46	The choir I sing with is called Desert Voices and it reflects the area we live in which is Pt Augusta S.A. Choir singing reminds us of the universal spirit we have in joining together in a creative activity. It takes us away from the everyday to a place where you share the joy of singing together. It is good for health and well being and is a good social network as well. I live in a regional area and creative, shared activities are important to bring people together. Our choir manager is good at welcoming and arranging social times together as well. Choral music can take you to other styles such as the shared network we have with the Pt Augusta Music Club. We also attend many local functions and ceremonial occasions, as well as travelling to venues in other towns in the region. It's a great way to bring the community together and maintain networks. As with every other activity responding to CV19, people are adapting and developing new strategies for shared activities. I feel that with guidelines, we could adapt choral singing to demonstrate how this art brings us together in creative ways. If this can happen in person, we just need the guidelines to then achieve this. Maintaining contact with each other is vital to this community. Regards, Sue	6/17/2020 1:47 PM
47	I miss that moment of joy when you are in your group singing and everyone's harmonies are perfect you can hear how in tune you all are together to make something greater than yourselves. Its quite divine- I understand why angels are depicted singing for joy!	6/16/2020 4:59 PM
48	we have been Zooming every week and sometimes have small section rehearsals online too. its been a make do but not the same as being in the same room and singing together	6/15/2020 9:28 PM
49	All of the above but if I had to choose one it would be "I miss being part of something bigger than myself"	6/13/2020 11:06 AM
50	I miss the soundtrack in my head all week between rehearsals, which instead defaults to whatever earworm I heard last - in the supermarket, in the car.	6/9/2020 3:24 PM
51	I miss the chance to create a wonderful whole - beyond anything I could do myself. Singing virtually cannot compare with the nuance and flex of singing and responding to others as you go. I miss being a leader of the group and bringing out the best in people. I miss the emotion and physical support of being with friends - it truly supports our wellbeing. I miss the euphoria or 'rush' of adrenaline of singing new music and performing before the group and audiences. I miss the sense of wellbeing and being my best self that I get from singing with others. I prefer singing with others to singing on my own - it makes me feel whole. There is nothing more lonely than singing a choral part by yourself. I miss the chance to grow and improve with others commenting and encouraging. I miss the moments of magic from singing in choir. Singing makes my life complete and fills me with joy and positivity. Without singing, I am much less. I miss the physical 'workout' of singing in choir - it helps keeps your brain and your body fit. Lots of muscles needed and lots of brain connections created and maintained by regular singing!	6/9/2020 12:45 PM
52	It has all been quite depressing not being able to come together every week for singing with our group of anything up to 20 members. We live in a rural township and Community is very important. Our members are in the more mature age group, with our eldest, most enthusiastic member being in her 90's. We miss very much that we cannot sing for the various Residential Nursing Homes. To see the Residents' smiling faces, and singing along as they remember the words, is a joy. Some Dementia residents suddenly start interacting, like a light switch has been turned on. It's amazing that Music can make such a difference in some people's lives. People in the town look forward to our Concerts, especially at Christmas when we all come together and share the Joys of Christmas with Singing and Companionship.	6/9/2020 1:16 AM
53	I miss singing in harmony	6/7/2020 8:23 PM
54	Our choir is an integral part of our lives, providing a weekly time of renewal in the good company of like-minded folk. You always feel better after our rehearsals than beforehand. Performances are really a goal to work toward, to keep us focussed in our work. Not really the most important feature of the year, regarding though it is.	6/7/2020 3:18 PM
55	Not being able to sing is very annoying because I get lazy and don't bother to sing at home either. We've been given a web address to go to so we can see our songs and sing along with them, but I don't feel like doing so, because it's not the same as doing it together and learning it together. Although other parts of my life are returning to 'normal' the prospect of singing looks a long way off and I'm very sad about that.	6/6/2020 5:19 PM
56	I was brought up on classical music, and from there my musical tastes expanded to include a number of (but certainly not all) other genres. It is very enjoyable to hear music and singing, but nothing matches actually MAKING music, particularly as part of a group (whether large or small) sharing the joy of contributing together to make a sweet harmonious sound with either instruments and/or voice. This in turn leads to camaraderie and closer friendships,	6/6/2020 12:23 PM

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emotional and psychological benefits; in fact beneficial to our whole being. To be able to use one's voice to create music is a wonderful gift from which the singer perhaps gains as much (if not more) pleasure and fulfillment than those who hear it. GOOD music can be very emotional. At present, with the Covid-19 restrictions in place, life is somewhat empty for me, which I believe may be affecting my overall well-being. (I have been singing since age 7, [in the Australian Boys' Choir], and all my life since then in choirs, ensembles, duets, trios and quartets. [Have never claimed to be a soloist.] Currently I sing with a male a cappella barbershop group of about twenty men, and a quartet from that group.) To me, singing is a very large and very vital part of my life.)

57	Being the Music Director of my community choir, I really miss the challenge of teaching new music and seeing it all come together, as well as revising old favourites with such a fantastic response from all of the choir members. The opportunity to perform for an audience has been really missed.	6/6/2020 10:58 AM
58	As an accompanist, the above answers are relevant to me.	6/5/2020 5:09 PM
59	Our choir have been doing the Zoom thing and whilst it is nice to see their friendly faces after so long in isolation, it is not the same as standing together and being part of that joyous feeling of emotion that comes with hearing all our voices combine. Brenda Sutherland, Millicent Choral Society.	6/5/2020 3:45 PM
60	I am feeling quite shattered to think that because of this COVID19 pandemic that this may mean that our group will no longer exist. The Cottage Singers have been a very successful singing group for the past 24 years and our members are all great friends who enjoy so much their love of singing and entertaining. Also, all these years we have given weekly concerts to many groups and brightened their days also. Thankyou so much for your email and the work that you are doing to try to resolve this awkward situation we all find ourselves in. Pam Cooke Secretary, The Cottage Singers.	6/5/2020 1:01 PM
61	In addition to the above points, the thing I miss most is singing (a cappella) in harmony with others. It's that blending of voices which leads to such beautiful music - and it's a wonderful feeling to be contributing to that.	6/4/2020 10:21 PM
62	I miss the opportunity to learn new aspects or techniques of music and general as well as our music. I miss seeing how the director also grows with experience, although this has definitely been demonstrated due to us moving to a Zoom format with its associated learning. I miss the little nuances during rehearsals. I miss the opportunity to participate with people of any age, not just my own. I miss the chance to dress appropriate to the occasion, formal black or perhaps something more fun. I miss the occasional debates when we don't all agree but are willing to listen to another perspective. And I miss the rare opportunity to take a 'sickie', as it's very hard to justify an absence when one is rehearsing in one's own home via Zoom!!! :) Thank you for asking us	6/4/2020 7:50 PM